

ABSTRACT

CREATIVE PROJECT: Crashing Cars

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Crashing Cars is a creative non-fiction essay addressed to the narrator's three-year-old daughter Evelyn. The narrator – a young, recently-divorced woman, and the only child of narcissistic parents – is diagnosed with Borderline Personality Disorder, and subsequently grapples with the fear that she might not be able to break the generational cycle and save her own daughter from also growing up to acquire a personality disorder. By reflecting on her childhood, her extramarital affair, her divorce, and a psychotic episode in which she crashes her car into a tree, the narrator moves from a place of apprehension and fear, to a place of hope and determination, hinged on the notion that the abiding, innate love between parent and child has the potential to overcome any obstacle.